In 1989, Boone County Hospital (BCH) purchased the YMCA facility located at 608 Carroll Street, Boone. At that time, the local YMCA was having financial difficulties and were in need of support to keep the wellness entity open. In keeping with BCH’s mission of “improving our community’s healthcare,” the hospital took the initiative, purchased the building, and changed the name to Heartland Health Center.

The Heartland name remained in place until 2004 when the hospital and community leaders from the Boone area approached the YMCA of Greater Des Moines and proposed the idea of converting Heartland into a full service YMCA. On September 1, 2005, the facility was leased to the YMCA of Greater Des Moines and became the Boone County YMCA.

“The YMCA has done a tremendous job of operating the facility and fulfilling their mission,” says Joe Smith, BCH CEO. “They made a long-term commitment to their success and to the Boone community. Therefore, we are pleased to announce, BCH has donated the facility to the YMCA of Greater Des Moines.”

Smith says the YMCA made a request to BCH earlier this year for the donation of the building. “We are very appreciative of the support of Boone County Hospital,” says YMCA President/CEO Vernon Delpesce. “We will continue to improve the facility and offer valuable programs for all ages, creating a great resource for the children and families of Boone County.”
At Boone County Hospital (BCH), Rehabilitation Services provides a comprehensive approach to rehabilitation for patients of all ages. From physical, occupational and speech therapy, Rehab Services offers a variety of services that are customizable to each individual’s goals and needs. The Rehab Services staff helps each person recuperate and rehabilitate so they can return to a comfortable lifestyle.

Since summer, BCH Rehab Services has undergone some positive changes. In addition to adding new staff, several local sports programs have been enhanced, and the ground work for a new incontinence therapy program is in the works.

To BCH patients, the most noticeable changes are the new faces. The addition of a new physical therapist (PT) brings the number of PTs to five full-time, one part-time. In her new role, Chandi Jayawardene, DPT, will focus on geriatrics including inpatient and home nursing care. She is working on developing an incontinence program that will be implemented in early 2011 as part of a new women’s health program. According to Rehab Services Director Tony Mack, the incontinence therapy program is a service they have wanted to implement, so they are happy to have a women therapist on board that is knowledgeable in that type of therapy.

Other new staff includes Tina Koller, OTR (registered occupational therapist). She joins Katie Eatock, OTR, and will be providing therapy to inpatients, nursing homes and home care patients. The addition of a second full-time therapist will greatly benefit BCH.
At Boone County Family Medicine (BCFM), providing quality care is the number one priority. Over the past year, Boone County Hospital (BCH) Administration, the doctors at BCFM and a recruiting firm, have been working diligently to find two exceptional doctors that would be willing to move to Boone to join the BCH Medical Staff as well as the Boone community. In the interim, BCFM has been fortunate to have two excellent doctors filling in and providing care for Boone County residents. Arthur Doenecke, M.D., and Malhar Gore, M.D., are both from central Iowa, and have been filling in until additional doctors have been hired on a full-time basis.

Dr. Doenecke, who is retired and lives in Clive, is working in the clinic on Wednesdays and Fridays. Dr. Doenecke attended the Royal College of Surgeons in Dublin, Ireland. He practiced in Lancaster, Pennsylvania, for most of his career, and later moved to Eagle Grove, Iowa, to work in a family practice clinic. In addition to filling in at BCFM, Dr. Doenecke also volunteers one afternoon a week at the La Clinica Latina, a Spanish-speaking clinic in Des Moines.

Dr. Gore is working at BCFM as needed. He lives in Ames and is a full-time physician at the Iowa State University Thomas B. Thilen Student Health Center; he has worked there since 1994. Dr. Gore enjoys providing sideline/on-field medical assistance for various Big 12 sporting events, and refereeing and coaching for the Ames Soccer Club. Dr. Gore received his Medical Degree from the University of South Florida College of Medicine.

The current medical staff at BCFM includes: Drs. Frank Downs, Caleb Glawe, Eric Peterson, Jerald Phipps, Scott Thiel and Richard Vermillion. Nicole Goliber, Physicians Assistant (PA-C) is in Boone on Thursdays; Kris Shaver, PA-C, is in Boone on Monday and Wednesday mornings.

Boone County Family Medicine looks forward to serving the Boone community. To schedule an appointment at BCFM, call 432-2335.
practice of infusion therapy has become a highly specialized practice. During the last 60 years, the role of the nurse in infusion therapy has evolved tremendously. The 21st century infusion nurse is responsible for integrating the holistic principles of medicine and nursing, management, marketing, education, and performance improvement into the patient’s plan of care.

The CRNI credential is approved by the Accreditation Board for Specialty Nursing Certification—the standard-setting body for specialty nursing certification programs. The CRNI credential is the only nationally accredited certification in infusion nursing.

The growth of the infusion nursing specialty continues with the advances in pharmacology and technology. As new biologic agents whose method of administration is via infusion continue to increase, so too will the infusion nurse’s role. And, as that role strengthens and grows, INS will remain committed to providing the educational opportunities and resources to support their members and the specialty.

Heather is available to give infusions Monday through Friday from 8 a.m. to 4:30 p.m. If you have questions or would like to schedule an appointment for your infusion, call 433-8300.

Pictured: Heather Addy, Specialty Clinic Director, starts an IV site for an infusion on patient Sherryl Dighton
Laura Krieger, RN, BSN, CNOR, is the new Assistant Administrator of Nursing Services. Laura replaces Sandy Puntenney who retired this past summer. In her new role, Laura will oversee all inpatient nursing departments, Cardiac Rehab, Surgery, Emergency Services, Ambulance, House Supervisors, Infection Control/Employee Health, Professional Development, and Utilization Review.

Laura has worked at BCH for 12 years in the Surgery Department, and has been the Surgery Director for five and half of those years. Prior to that, she worked in surgery at Greene County Medical Center, Jefferson, and in the Post-Surgical Unit at Iowa Methodist Medical Center, Des Moines. She graduated from the Iowa Methodist School of Nursing, and obtained a Bachelor’s of Science in Nursing from the University of Iowa. Currently, she is working on her Master’s of Science in Nursing through Loyola University.

“I look forward to working with physicians, the nursing departments, collaborating with the great staff and providing the best patient care possible,” says Laura. “Healthcare is about change and I continually embrace this by looking beyond what I see and focusing on what I imagine healthcare at BCH to be.”
Boone County Hospital is very fortunate to have a very active Volunteer Auxiliary. From October 2009 through September 2010, the Auxiliary contributed over $30,000 to help with the valet service, new air conditioning, the Family Birth Center remodel, a new communication system for the nursing floor, a Wii game system for Beckwith Family Adult Day Services, and toys for children in the hospital. From 1957 through September 2009, the Auxiliary made a financial contribution of $375,727 to BCH. In addition, over the past year, they have given $1,200 in scholarships.

At the Annual Fall Auxiliary Meeting in October, volunteers were recognized for their years of service. Those recognized were: 500 hours—Marj Betten, Janice Clark, Laurie Greiner, Shirley Stanley, Dee Williams; 1,000 hours—Chris Branstad, Jan Johnson; 1,500 hours—Dena Bloodsworth, Pauline Hora; 2,000—Dani Kepler, Ethel Morgan; 3,500—Ruth Bryant, Connie Kruck; 4,000—Jean Iben; 4,500 hours—Joyce Gragg; 5,500—Ruth Helm; 6,000 hours—Avenelle Olson; 8,500—Dorothy Huffman.

Upcoming Auxiliary events:
- **Annual Festival of Trees**, November 6 through the 27th, BCH Atrium. Bid on a large assortment of Christmas trees and wreaths through a silent auction.
- **Sheet Sale**, December 2, 9 a.m. to 7 p.m., BCH Atrium. Sheets include 1200 and 800 count Egyptian Comfort Sheets, $35 and $20. All sizes and various colors available. All proceeds will benefit Boone County Hospital.

The Community Newsletter is published three times a year for residents of Boone County by Boone County Hospital.

For more information about the newsletter, please contact the Boone County Hospital Public Relations and Marketing Department at (515) 433-8475 or lschmidt@boonecountyhospital.com.

**Visit Us on the Internet**
Learn more about Boone County Hospital’s programs and services, and physicians at www.boonehospital.com.

**Opportunity for Support**
Your contributions can help BCH care for those who come to us at every stage of life. Charitable giving to support Boone County Hospital has played a significant role in shaping our hospital. To learn more, contact the Boone County Hospital Foundation at (515) 433-8470 or visit our website at www.boonehospital.com and click on Foundation.
**Anticoagulation Management Service**
Monday, Tuesday & Thursday, 8:30 a.m. to 4:30 p.m., BCFM. This service is offered to patients taking Coumadin. To schedule an appointment, call Boone County Family Medicine, 432-2335.

**Baby Care 101**
Obstetric nurses cover topics such as bathing, safety & newborn care. This free class is for parents in their 7th or 8th month of pregnancy. Call the Family Birth Center at 433-8400.

**Beckwith Family Adult Day Services**
Open Monday through Friday, 8 a.m. to 4:30 p.m. The program offers a home-like environment with fun activities, noon meals & individualized care for adults 55 years of age & older. Call 432-2275.

**Big Brother/Big Sister**
December 15, 6:30 p.m., BCH 4th Floor Conference Room. This free sibling class helps children prepare & accept the arrival of a newborn. Call the Family Birth Center at 433-8400.

**Blood Pressure Checks**
Every Friday, 8 a.m. to Noon, Specialty Clinic, BCH.

**Boone Community Blood Drive**
November 15, 1 to 6 p.m., Boone Senior Citizen Center. Sponsored by the Boone County Hospital Auxiliary.

**Boone County Nutrition Programs**
Boone County provides meals to individuals 60-plus & older throughout the county. For more information, call 432-1127.

**Breastfeeding Class for First Time Moms**
This free class is taught by a breastfeeding educator who will help you prepare for breastfeeding & the arrival of your new baby. Call the Family Birth Center at 433-8400.

**CPR Classes**
CPR classes are provided as requested. Call 433-8190.

**Car Seat Safety Checks**
Second Tuesday of every month, 4 to 8 p.m., BCH. If you would like a car seat safety technician to check your child’s car seat & install it correctly, call 433-8196.

**Childbirth Preparation Class**
November 13, 8 a.m. to 4 p.m., 4th Floor Conference Room, BCH. This free childbirth preparation class is for mother’s in their last trimester & their significant other. To register, call 433-8470.

**Diabetes Education Classes**
If you have diabetes & would like to attend our education classes, please talk to your physician about referring you to the Boone County Hospital Diabetes Center. Call 433-8624.

**Diabetes Support Group**
November 18, 4 p.m., BCH 4th Floor Conference Room. The topic will be “Health: You Can’t Separate the Mind from the Body” presented by William Martin, PhD, Clinical Psychology.

**Educatings & Empowering U**
November 16, 5 p.m., BCH 4th Floor Conference Room. Dr. Tammy Chance, BCH ER Medical Director, will speak on “How to Prepare for an Unexpected ER Visit.” Dinner provided. Call 433-8470 to register for this free program.

**Family Birth Center Tours**
Call the Family Birth Center at 433-8400 for a tour.

**Festival of Trees**
November 6 through 27, BCH Atrium. Bid on a large assortment of trees & wreaths through a silent auction.

**Gifts Galore Gift Shop**
Open Monday to Friday, 9 a.m. to 4 p.m., Saturday, 9 a.m. to 4 p.m., & Sunday 11:30 a.m. to 3 p.m.

**Home Care Services**
Provides a wide range of home care and health promotion programs. For more information, call 432-1127.

**Hospice Rooms**
Family and Friends Patient Comfort Rooms are available for individuals diagnosed with a life-limiting illness.

**Lab Wellness Profiles**
Offered seven days a week, 6:30 to 10:30 a.m., BCH Lab. Seven different blood tests are available. Cost is low; no insurance filed. Call 433-8170.

**Outpatient Nutritional Services**
A BCH dietitian can provide you with a nutritional needs assessment, help you develop healthier eating habits, plan healthy menus & lose weight. For an appointment, call 433-8624.

**Sheet Sale**
December 2, 9 a.m. to 7 p.m., BCH Atrium. Sheets include 1200 & 800 count Egyptian Comfort Sheets, $35 & $20. All sizes and various colors available. Sponsored by the BCH Auxiliary.

**SHIIP**
A SHIIP (Senior Health Insurance Information Program) volunteer is available to assist you with your Medicare Prescription Drug Plan. To schedule an appointment, call 432-1127.

**Valet Service**
Monday through Thursday, 8 a.m. to noon and 1 to 3 p.m., Friday, 8 a.m. to noon.

**Vestibular Rehab**
If you have ongoing problems with dizziness or instability, ask your doctor about a referral to Vestibular Rehab. Call 432-7729.
BOONE COUNTY HOSPITAL

Visit the Boone County Hospital website at www.boonehospital.com

BOONE COUNTY HOSPITAL

- Joe Smith, CEO ... 433-8481
- Main Number ... 432-3140
- Beckwith Family Adult Day Services ... 432-2275
- Boone Family Medicine
  - Boone ... 432-2335
  - Ogden ... 275-2417
- Boone Orthopedic Center ... 433-8500
- Business Office ... 433-8142
- Cardiac Rehab ... 433-8120
- Comprehensive Specialty Care ... 433-8700
- Diabetes Education ... 433-8624
- Family Birth Center ... 433-8400
- Foundation ... 433-8470
- Gifts Galore Gift Shop ... 433-8180
- Home Care Services ... 432-1127
- Madrid Family Practice Clinic ... 795-4300
- Medical/Surgical ... 433-8230
- Rehabilitation Services: Occupational Therapy ... 433-8686
- Physical Therapy ... 432-7729
- Speech Therapy ... 433-8625
- Sleep Disorders ... 433-8260
- Specialty Clinic ... 433-8300
- Wound Clinic ... 433-8337

BCH MEDICAL STAFF

- Anesthesia ... 433-8335
  - Rebecca Clark, CRNA, MS, ARNP
  - Larry Lee, CRNA, ARNP
- Clinical Psychology
  - William Martin, Jr., Ph.D. ... 433-0343
- Emergency ... 433-8150
- Tammy Chance, D.O., ED Medical Director
- Rick DesCamps, D.O.
- Brent Liebert, M.D.
- Timothy Peterson, M.D.
- Family Practice
  - Frank Downs, M.D. ... 432-2335
  - Caleb Glawe, M.D. ... 432-2335 (Boone)
  - ... 275-2417 (Ogden)

BCH OUTREACH SERVICES

- General Surgery
  - Jeffrey Mair, D.O. ... 433-8500
- Obstetrics/Gynecology
  - Tracey McIntire, D.O. ... 432-7766
- Orthopedic Surgery
  - James Mueller, M.D. ... 433-8500
- Pathology
  - John Cook, M.D. ... 433-8173
- Radiology
  - Tom Gleason, D.O. ... 433-8160

BCH SPECIALTY CLINIC PHYSICIANS, 433-8300

- Allergy
  - Jay Brown, M.D., McFarland Clinic
- Audiology
  - Kent Weaver, AuD, Woodard Hearing Center
- Cardiology
  - Lisa Gardner, MS, CCC-A, Mercy ENT
- Cardiology
  - Jeffrey Boyd, M.D., Iowa Heart
- Jennifer Britten, ARNP, Iowa Heart
- Dermatology
  - Kathy Cook, M.D., Skin Solutions Dermatology
- Ear, Nose, Throat
  - Matt Morgan, M.D., Mercy ENT
- Nephrology
  - Jacob Alexander, M.D., McFarland Clinic
- Robert Smith, D.O., Associates in Kidney Care, PLC
- Neurology
  - Michael Kitchell, M.D., McFarland Clinic
- Seldon Spencer, M.D., McFarland Clinic
- Oncology
  - Joseph Merchant, M.D., McFarland Clinic
- Ophthalmology
  - Dan Vos, M.D., Wolfe Eye Clinic
- Orthopedic Surgery
  - Craig Mahoney, M.D., Iowa Orthopaedic Center
- Daniel McGuire, M.D., Iowa Spine Care
- Brian Haupts, PA-C, Iowa Orthopaedic Center
- Pain Management
  - Thomas Klein, D.O., Metro Anesthesia and Pain Management
- Podiatry
  - Charles Gilarski, D.P.M., McFarland Clinic
- Mark Wetzel, D.P.M., Foot & Ankle Center
- Physical Medicine and Rehab
  - Todd Troll, M.D., Iowa Clinic
- Plastic/Reconstructive Surgery
  - Kyle Ver Steeg II, M.D.
- Pulmonary Medicine
  - Greg Hicklin, M.D., The Iowa Clinic
- Katrina Guest, M.D., The Iowa Clinic
- Steven Wanzek, M.D., McFarland Clinic
- Urology
  - Brian Gallagher, M.D., The Iowa Clinic
- Vascular Surgery
  - Doug Massop, M.D., Iowa Clinic

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