

QUESTIONS TO ASK

Any time you get a new medication, ask your healthcare provider or pharmacist:

- What is it for, and how long should I take it?
- What are the possible side effects?
- Is it safe to take with my other medications? Does it replace any of them?
- Should I avoid any foods, drinks, or activities while taking it?

PERSONAL INFORMATION

Keep this handy in case of an emergency.

Name:

Phone:

Allergies:

Emergency Contact:

Phone:

Primary Care Provider Information

Name:

Phone:

PLEASE READ

Talk to your healthcare provider—this card is not a substitute for professional medical advice.

ACCESS YOUR HEALTH INFO 24/7



Manage your health info anytime with our Health Portal—view prescriptions, test results, message your doctor, and more.

Scan the QR code or visit boonehospital.com/portal.

MANAGING MEDICATIONS



MEDICATION SAFETY TIPS

- **Store medications properly** and follow the instructions on the label.
- **Call your healthcare provider immediately** if you experience any reactions, such as a skin rash or difficulty breathing.
- **Use the same pharmacy** for all prescriptions to help monitor for potential drug interactions.
- **Make sure you understand all instructions** before taking any medication.

This medication card can help prevent drug interactions, reduce side effects, and support your overall health.

YOUR PERSONAL MEDICATION RECORD

Write down all the prescription medications, over-the-counter drugs, vitamins, and herbal supplements you take.

Drug name and dosage (strength)	How much & how often I take it	What it is for	Notes

SHARE THIS LIST WITH YOUR:

- Healthcare provider(s)
- Pharmacist(s)
- Other care providers

Bring it with you to all appointments.

KEEP IT CURRENT

- Write in pencil, so you can make changes.
- Update changes right away.
- Ask your healthcare provider or pharmacist for help if needed.

TAKE MEDICATIONS EXACTLY AS PRESCRIBED

Always talk to your healthcare provider before stopping or changing how you take a medication.