

New Sight Inc.

Des Moines, IA ● (515) 263-0019

Optimae LifeServices

Ames, IA ● (515) 956-2600

Orchard Place

Des Moines, IA ● (515) 244-2267

Plains Area Mental Health Center

Carroll, IA ● (712) 792-2991

Seasons Center for Behavioral Health

Carroll, IA ● (800) 242-5101

St. Anthony's Mental Health Services

Carroll, IA ● (712) 794-5435

UCS Healthcare

Ankeny, IA ● (515) 280-3860

Des Moines, IA ● (515) 280-3860

Fort Dodge, IA ● (866) 801-0085

Urban Dreams

Des Moines, IA ● (515) 805-7562

YSS Family Counseling and Clinic

Ames, IA ● (515) 233-2250

Des Moines, IA ● (515) 883-2379

Marshalltown, IA ● (641) 752-2300

Webster City, IA ● (515) 832-1061

Zion

Adel, IA ● (515) 993-5243

Perry, IA ● (515) 642-1023

*For further assistance, contact Tianna Black,
Social Worker at Boone County Hospital at
(515) 433-8465.*

Outpatient Mental Health Resources



**BOONE COUNTY
HOSPITAL**

www.boonehospital.com

Ames Counseling & Psychological Services

Ames, IA ● (515) 239-4410

Berryhill Center – Mental Health

Fort Dodge, IA ● (515) 955-7171

Blank Children’s Psychiatry Clinic

Des Moines, IA ● (515) 263-5153

Broadlawns Child & Adolescent Services

Des Moines, IA ● (515) 282-5695

Catholic Charities

Ames, IA ● (515) 296-2759

Center Associates

Marshalltown, IA ● (641) 752-1585

Center for Interpersonal Effectiveness

Altoona, IA ● (515) 289-9136

Ankeny, IA ● (515) 289-9136

Central Iowa Psychological Services

Ames, IA ● (515) 233-1122

Central Iowa Psychological Services

West Des Moines, IA ● (515) 222-1999

Child Psychiatry Associates

West Des Moines, IA ● (515) 288-5570

Christian Counseling

West Des Moines, IA ● (515) 274-1313

Clear Brook Counseling Professionals

Ames, IA ● (515) 337-1764

Ankeny, IA ● (515) 337-1764

Clinical Assessment & Treatment

Des Moines, IA ● (515) 255-4211

Clinical Associates of Ames

Ames, IA ● (515) 292-2703

Clinical Psychology

Boone County Hospital

Boone, IA ● (515) 433-0343

Community & Family Resources

Ames, IA ● (515) 232-5811

Boone, IA ● (515) 433-0369

Community & Family Resources

Fort Dodge, IA ● (515) 576-7261

Webster City, IA ● (515) 832-5432

Compass Clinical Associates, PLLC

Urbandale, IA ● (515) 412-5112

Compass Tree Counseling

Ames, IA ● (515) 233-3971

Cornerstone Counseling

Ames, IA ● (515) 599-8904

Counseling Associates of Central Iowa, PC

West Des Moines, IA ● (515) 255-2224

Counseling for Growth and Change

Boone, IA ● (515) 432-8687

West Des Moines, IA ● (515) 243-1020

Creative Counseling Services

Ames, IA ● (515) 233-1699

Eyerly Ball Community Mental Health Services

Ames, IA ● (515) 598-3300

Adel, IA (515) ● 298-0181

Des Moines, IA ● (515) 241-0982

Fifth Street Mental Health

Ames, IA ● (515) 232-2051

Genesis Development

Boone, IA ● (515) 432-7288

Perry, IA ● (515) 465-7541

House of Mercy

Des Moines, IA ● (515) 643-6500

Kavalier and Associates

West Des Moines, IA ● (515) 267-1003

Mercy Franklin Center

Des Moines, IA ● (515) 643-6290

Mid-Iowa Family Therapy

Perry, IA ● (515) 465-5739

Windsor Heights, IA ● (515) 254-1556

Moonstone Wellness, LLC

Marshalltown, IA ● (515) 393-4270

New Beginnings Counseling Services

Des Moines, IA ● (515) 401-6886

Urbandale, IA ● (515) 401-6886

New Connections

Des Moines, IA ● (515) 282-6610