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NEWSLETTER FOR THE BOONE COUNTY COMMUNITY • SPRING 2023



Medical Staff



OB Partnership with Van Diest Medical Center



Mom Kaylee Wagner, Baby Winston Jondal, and Dad Jesse Jondal

Left to right: Family Birth Center nurses Sammi Kennon, Jamie Fox-Clayton, Christine VanderLeest, with Kaylee and Winston

Pictured, left to right: Dr. Sivesind, Dr. Ehn, Dr. Hay, Dr. Duwe, Dr. Linkenmeyer

oone County Hospital (BCH) is excited about a new OB partnership they started with Van Diest Medical Center, Webster City, in January 2023. Patients who are needing obstetrical care at Van Diest Family Health Clinic (VDFHC) can receive their prenatal care there and deliver with one of the Boone County Hospital (BCH) OB doctors at the BCH Family Birth Center.

Currently, Van Diest Medical Center does not have a birthing center, and therefore, has not offered prenatal services to expectant mothers in the clinic. In the past when one of their patients became pregnant, they had to seek services elsewhere (typically within a 30-to-60-mile radius) and go to another hospital to deliver their baby. Dr. Nikki Ehn and Dr. Elise Duwe, both family practice physicians who provide obstetric care, are the providers at Van Diest Family Health Clinic (VDFHC) with whom we partner with to offer these obstetric services.

This is where our three Boone County Family Medicine doctors who also provide obstetrical services and deliver come in. Dr. J. Lindsey Hay, Dr. Kate Linkenmeyer, and Dr. Rienera Sivesind now see Dr. Ehns and Dr. Duwe's patients as a new OB before 12 weeks. The patient then returns to VDFHC to be cared for by Dr. Duwe or Dr. Ehn until 28 weeks. At that time, OB patients return to Boone for their care until they deliver. Following delivery, patients and their babies will resume their care with the VDFHC providers.

"We are excited about this partnership," says Tacy Hyberger, BCH Assistant Administrator of Clinic Operations. "This means two exceptional healthcare facilities are working together to provide one outstanding birthing experience. We have been building on this partnership and the process is going well."

## BCH Welcomes New CEO and CFO

Mikaela Kienitz

welcomed Mikaela Kienitz, RN, MSN, FACHE, to the Hospital as the new CEO on

January 2nd. Mikaela replaced long-time CEO

Joe Smith who had been with BCH for 30-years.

Joe's retirement was bittersweet. He was a staple in the growth of BCH over the years; however, he has moved on to many personal adventures in his

retirement.

oone County Hospital

Mikaela came from Compass
Memorial Healthcare in Marengo,
Iowa. She had been employed there since
2001 and most recently was the Chief
Operating Officer where she directed
administrative and personnel functions
within the entire organization.
Throughout the years at Compass, she
held many distinct roles: Interim Chief
Executive Officer, Director of Patient
Care Services, Associate Director of
Patient Care Services and Staff Nurse.

Mikaela grew up in Cedar Falls, Iowa. She has an 18-year-old son that is a senior in high school, and a 21-year-old son that is a student at the University of Iowa.

"I am excited and grateful for the opportunity to serve in this role at Boone County Hospital," Mikaela says. "I've already hit the ground running... I am happy to be a part of the team and to lead the organization into a very successful future by building upon the strong foundation that exists today. I have moved to Boone and look forward to engaging with the communities and patients that we serve."

arl Vilums began his new role as CFO in March.
He replaces Joe Devin who retired at the end of April.
Karl grew up in Omaha,
Nebraska, and attended the University of Nebraska-Lincoln where he received a bachelor's degree in accounting.
He began his career in healthcare as a Medicare Auditor, and from there went on to work for Bryan Health in Lincoln, Nebraska, as Manager of Budget and Analysis.

Karl's first CFO job was at St. Mary's Community Hospital in Nebraska City, Nebraska, a Critical Access Hospital. During that time, he obtained a master's degree in public administration with an emphasis in Healthcare from the University of Nebraska-Omaha. Following his degree, he was CFO of Ivinson Memorial Hospital in Laramie,

Wyoming, for five years and then became CFO of Broadlawns Medical Center, Des Moines, for eight years.

Karl is currently a Board
Member and Treasurer for
the Free Clinics of Iowa.
His wife Melisa is retired and
is a volunteer, and they have
two adult sons, Ryan, and Nik.
Karl and Melisa are moving to
Boone. "We are both very excited

to become part of this wonderful community," he says. "Everyone has been so welcoming."





The Boone County Hospital Foundation (BCHF) hosted it's first event of 2023, Trivia Night, on April 7, at Seven Oaks. They had a great time and a great turnout with 12 teams ready to put their trivia knowledge to the test. There were eight rounds of 10 questions with various categories, including historical tweets, time, and everyone's favorite - the jelly bean taste test.

Thank you to everyone who came, played, and supported BCHF. A hug thank you to emcee Jim Dose for keeping the crowd entertained and the game moving throughout the night. Halfway through, there was a Dessert Dash where teams "bid" on delicious desserts donated by Fareway, Dutch Oven Bakery, HyVee, Three's Confections, BCH Auxiliary, Amy Landas (BCHF Board Member), Mikaela Kienitz (BCH CEO), Cathy Sprengeler, Karlie Heimer, and Sue Gradoville. BCHF made \$1,451.50 thanks to their generosity.

The "Swifties" looked like they had a win in the bag but were defeated by the final question, and the "Bel-Air [Ladies]" swiped the title of 2023 trivia champions in a "risk all" grand finale. They received a free table for Trivia Night 2024 to defend their title. Many others received "Chamber Bucks" as door prizes, and "Department of Correct Answers" were once again the reigning champions of the "Best Team Theme."

### TO STAY UP-TO-DATE ON ALL OUR EVENTS, VISIT BOONEHOSPITAL.COM/FOUNDATION/EVENTS

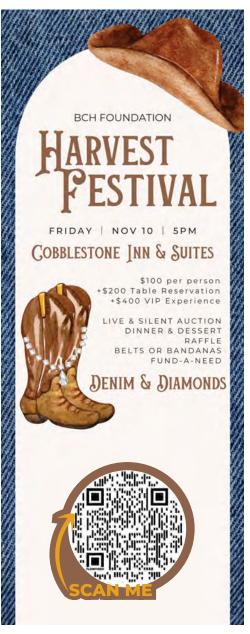


Join us each month online for our Educating & Empowering U programs. You can find information for all upcoming programs on our website (boonehospital.com/foundation/eeu) and Facebook page (facebook.com/bchfoundation).

We also have all past programs uploaded on our website available to watch or listen to on our audio podcast called "Healthy Talk." You can listen via our website or the SoundCloud app (search BCH Foundation).







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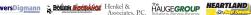








































































ging brings many joys – more time with family and freedom in retirement – but our older years can also bring difficult life transitions, including the loss of loved ones and stress from agerelated health concerns.

Boone County Hospital's Senior Life Solutions Program is an intensive outpatient group therapy program designed to meet the unique needs of individuals, typically 65 and older, experiencing depression or anxiety related to life changes often associated with aging.

Feeling down every once in a while is a normal part of life, but if these feelings last a few weeks or months, you may be dealing with something more serious.

If you or someone you know has experienced any of the following, this

program might be right for you.

- Anxiety
- Changes in appetite
- Depression
- Difficulty sleeping
- Feelings of sadness or grief lasting more than two weeks
- Feelings of worthlessness or hopelessness
- Lost a spouse or close family member
- Loss of energy
- Loss of interest in previously enjoyed activities
- Recently experienced a traumatic event

Services offered by Senior Life Solutions include a confidential, comprehensive assessment, group and individual therapy, family therapy, medication education and management, and after-care planning, where we continue to engage and support our participants. Even though this is a group setting, each person is addressed individually based on their unique needs.

The program staff includes a board-certified psychiatrist, licensed therapists, a registered nurse, and other professionals dedicated to the mental health care of the older adults in our community.

Anyone can make a referral to the program. This includes self, family members, physicians, or other healthcare professionals.

For more information about the program, call (515) 433-8713. Our program is located on the west end, 2nd floor of Boone County Hospital.





Anesthesia Genev Calek, CRNA Kayla Campbell, CRNA Rebecca Clark, CRNA

Dermatology Janeen Busch, ARNP...... 432-2335

Emergency
Timothy Evert, D.O., ED Medical Director
Jason Sheffler, D.O.

 Family Practice
 432-2335

 Cameron Anderson, D.O.
 432-2335

 Joshua Anderson, D.O.
 795-4300

 Tammy Chance, D.O.
 275-2417

 Devi Dunker, D.O.
 432-2335

 Trishia Filipiak, M.D.
 432-4444

 J. Lindsey Hay, M.D.
 432-4444

 Mel Hilsabeck, ARNP.
 795-4300

 Kate Linkenmeyer, M.D.
 432-4444

 Rodney Logan, M.D.
 432-2335

 Eric Peterson, M.D.
 432-2335

 Rienera Sivesind, M.D.
 432-4444

 Scott Thiel, M.D.
 432-2335

 Dawn Tingwald, ARNP.
 275-2417

Pain Clinic
Christopher Hanson, CRNA, MS,
ARNP......212-2420
Damiun Bassandeh, CRNA.....212-2420

Pathology Trisha Andersen, D.O. Christopher Johnson, M.D. Jamie Weydert, M.D. Podiatry
John Erickson, D.P.M., AACFAS,
FACFAOM ......433-8500

Radiology Randy Anderson, M.D. Kyle Freeman, M.D. Nima Golchin, M.D. Grant Goldsberry, M.D. Dean Gute, M.D. Alexander Harvin, M.D. Douglas Lake, M.D. Tyler McCurdy, D.O. John McGarity, D.O. David Sosnouski, M.D.

Walk-In Clinic Katelyn Brown, PA-C Stephanie Gorsuch, ARNP Mollie O'Brien, DNP Mindy Royster, ARNP Brianne Wessels, ARNP

#### OUTREACH CLINIC

Ophthalmology Nicolas Hamouche, M.D., McFarland Clinic... ... ... 239-4460

#### BCH SPECIALTY CLINIC....... 433-8300

Allergy
Jay Brown, M.D., McFarland Clinic

Audiology Lisa Gardner, MS, CCC-A, Mercy ENT

Cardiology Rakshak Sarda, M.D., Iowa Heart Center ENT Cory Mineck, M.D., Mercy ENT Matt Morgan, M.D., Mercy ENT

Nephrology Jacob Alexander, M.D., McFarland Clinic

Oncology Joseph Merchant, M.D., McFarland Clinic

Ophthalmology Gregory Christiansen, M.D.

Orthopedic Surgery Steven Aviles, M.D., Iowa Ortho Craig Mahoney, M.D., Iowa Ortho Benjamin Paulson, M.D., Iowa Ortho Jared Carter, PA-C, Iowa Ortho Casey Howe, PA-C, Iowa Ortho

Physical Medicine and Rehab Todd Troll, M.D., Iowa Clinic

Podiatry Todd Miller, D.P.M.

Pulmonary Medicine Amerlon Enruquez, M.D., The Iowa Clinic Katrina Guest, M.D., The Iowa Clinic James Mallen, D.O., The Iowa Clinic

Vascular Surgery Brett Voight, D.O., Iowa Clinic

#### Discrimination is Against the Law

Boone County Hospital complies with applicable Federal civil rights laws and does not exclude people or treat them differently because of race, color, national origin, age, religion, sex, gender identity, sexual orientation, or disability.



# BCH Orders Two New Ambulances

o better serve our patients and our communities, Boone County Hospital (BCH) has ordered two new ambulances. The new ambulances will replace two of our oldest units from 2003 and 2007 while maintaining our fleet of four ambulances.

Mikaela Kienitz, BCH's CEO stated, "Patient and staff safety are at the forefront of our decision making and at this time, we feel that purchasing two ambulances will position the Hospital's EMS service in the best possible situation to care for patients throughout the county." In addition, Kienitz adds, "BCH is committed to maintaining and providing an excellent ambulance service to our communities."

Our ambulances get a lot of use which leads to increased mileage and wear and tear on the units. Our current fleet of



ambulances have very high miles, ranging from 130K miles on our newest unit to over 400K miles on our oldest. As the ambulances have aged, they have also required more service leading to added costs.

According to BCH Ambulance
Director, Mark Addy, "One of the most
important features of the new ambulances
is the Power Load Stretchers that allow
the stretchers to be loaded onto the
ambulances with the push of a button.
This is a big safety feature and should aid
to mitigate back injuries. New ambulances

and equipment are a positive indicator in staff satisfaction and help with recruitment and retention of qualified EMS staff."

The Board of Trustees approved the cost of the two ambulances at \$280,000 each at the Board meeting in February. The current expected wait time for the ambulances is 24 to 48 months. We are happy to continue providing such an important service to our community and look forward to having reliable vehicles that will offer the latest technology for our patients and staff.