

Rehabilitation Services

## **Occupational Therapy**

The overall goal of occupational therapy is to enable individuals to participate as fully as possible in daily life. We use evidenced-based practice to assist individuals in overcoming impairments that are inhibiting their ability to participate in meaningful activities.



Our occupational therapist develops a treatment plan in collaboration with the patient and their family to target patient-specific goals. This can look incredibly different from person to person depending on their needs and limitations.

Occupational therapy services are provided as inpatient, outpatient, and home health visits. We provide services to patients of all ages and needs with the exception of neurodivergent pediatric patients.



Common areas of treatment:

- Upper extremity injuries/diagnoses including but not limited to: post-surgical repair of the elbow, wrist, and hand; fractures; tendonitis; sprains; peripheral nerve pathology/ compression; arthritis, tremors
- Stroke
- Traumatic brain injury
- Impaired fine motor control
- Visual perceptual/visuomotor deficits
- Wheelchair evaluation
- Cognitive screening
- Adaptive equipment recommendations
- Falls prevention and home safety assessment
- Improving safety and independence with ADLs, IADLs, and mobility

*If you have any questions or feel that you could benefit from occupational therapy services, please talk to your physician or call Boone Rehabilitation Services, 1015 Union Street, Boone at (515) 432-7729.*