



A Special Event

There will be many family members and friends wanting to visit you and your baby. Our visiting hours are flexible, but your comfort will always come first. Your support person is welcome to stay.

A Gift to You

Newborn photography is available through our contracted photographer. You will receive a free 8x10" photo of your new baby. There is no charge to you for the photo session. Ask your nurse for more details.

Leaving the Hospital

Each family will receive educational material and other free gifts prior to discharge. Our nurses are available to answer your questions, even after you've gone home. The guidance and help of our nurses is available to you until you are comfortable caring for your newborn. A follow-up visit in the Family Birth Center with mother and baby will be scheduled for one to two days after discharge.

Additional Services

Epidural Services

Epidural services are available for mother's during the birthing process at Boone County Hospital. For more information, talk with your doctor.

Family Birth Center Tours

If you are interested in a tour of the Family Birth Center, please call (515) 433-8400.

Childbirth Education

Learn about the entire spectrum of your birthing process. Expectant mothers and their support person will learn about the labor and birth process with options to manage pain. Topics such as infant bathing, safety, and newborn care will also be shared. Our certified lactation counselor will help you prepare for breastfeeding and the arrival of your new baby. Expectant mothers and their support person should plan to attend this class two months prior to their delivery.

Sibling Class

This sibling class helps children prepare and accept the arrival of a newborn.

BOONE COUNTY HOSPITAL

Family Birth Center

1015 Union Street ● Boone, Iowa 50036
(515) 433-8400 ● *www.boonehospital.com*

Photos courtesy of Sara Lambert Photography
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Family Birth Center



The birth of a child is one of life's most cherished moments.

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Making a Memorable Experience

Congratulations! The birth of a child can be one of life's most cherished and fulfilling moments. At Boone County Hospital, we believe your baby's birth should be a memorable experience.

More Like Home

Boone County Hospital has four birthing suites. Our beautiful spacious suites are designed to make you and your family feel relaxed and comfortable and more like home.

Each of our LDRP (labor, delivery, recovery and post-partum) suites have a private bathroom with a Jacuzzi (one of them has a walk-in shower), a microwave and refrigerator, a television and DVD, a recliner, and state-of-the-art medical equipment. We also offer room service for meals.



We have Certified Lactation Consultants to assist with breastfeeding support.



Individualized Care

We believe in individualized care. Your entire birthing experience will be personalized to meet your needs. Your expectations are unique and that's why we help mother's to develop a birthing plan that meets their own personal choices. You'll feel empathy and compassion in the way we care for you. We will do everything we can to alleviate any fears or discomfort you may have.



Mom and baby are pampered with personalized care from the Birth Center staff. We give you the choice of flexible infant care options. Are you interested in keeping your new baby in your room during your entire stay? Would you rather keep your baby in the nursery so you can spend some restful time alone? Or, would you like to combine the two?

Your nurse will help with the flow of communication between you, your doctor, and the rest of the staff. And, because our birthing rooms are next to the nursing station, your nurse will never be more than a few steps away.

Pain Management Options

The Birth Center has many pain management options available to help alleviate any discomfort.

- Medications—IVs and epidurals
- Natural labor support
- Jacuzzi/shower
- Music/nature sounds
- Ice packs
- Massager's
- Birthing ball
- Positioning
- Imagery
- Progressive relaxation
- Personalized care with obstetrical nurse
- Tap blocks after cesareans

Nursery

Our Nursery is equipped with the latest in medical technology and our obstetrical nurses are all specially trained in fetal monitoring. In addition, our nurses conduct newborn hearing screens and critical congenital heart defect (CCHDs) screens.